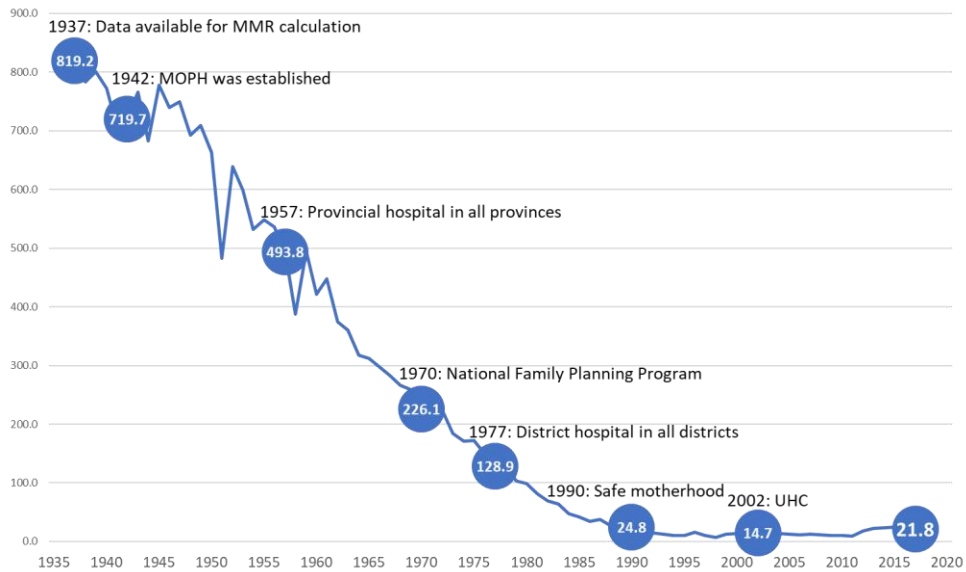# RH services:
Thailand experience

Department of Health, Ministry of Public Health

THAILAND EXPERIENCE IN…
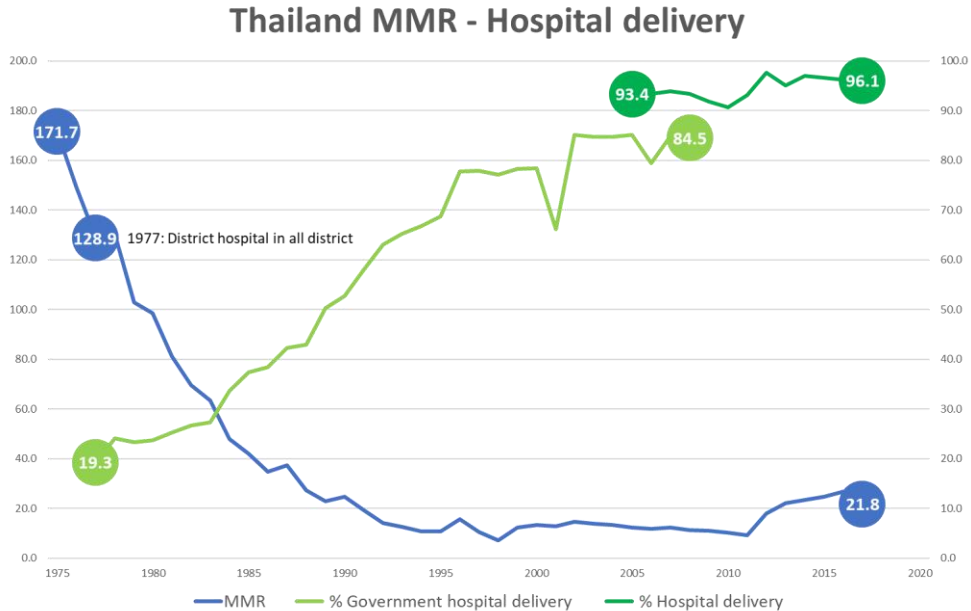
► **Reducing maternal deaths**

  ► Key success factors in the past

  ► Current MOPH intervention

► **Reducing adolescent pregnancies**

  ► The Prevention and Solution of the Adolescent Pregnancy Problem Act, B.E.2559 (2016)

  ► Repeated teen pregnancy prevention project

Thailand MMR 1937-2017

1937: Data available for MMR calculation

819.2

1942: MOPH was established

719.7

1957: Provincial hospital in all provinces

493.8

1970: National Family Planning Program

226.1

1977: District hospital in all districts

128.9

1990: Safe motherhood   2002: UHC

24.8   14.7   21.8

KEY SUCCESS FACTORS

►The National Family Planning Program
►Capacity building
  ►Provincial hospitals
  ►District hospitals
►Safe motherhood project
►The Universal Health Coverage Scheme

Thailand MMR - Hospital delivery

CURRENT INTERVENTIONS

► **Free antenatal care services** (anywhere)

► **Quality labor room**

► **Provincial network**

  ► Fast tract referral system

► National policy: **Zero PPH**

► **Reduce abortion-related deaths**

  ► Hotline 1663 : Option counselling for unintended pregnancy

  ► Referral System for Safe Abortion (RSA)

The Prevention and Solution of the Adolescent Pregnancy Problem Act, B.E. 2559 (2016)

A law that focuses on adolescents' rights and an integrated approach to prevent and alleviate adolescent pregnancies

Definition and Rights of Adolescents under the Act

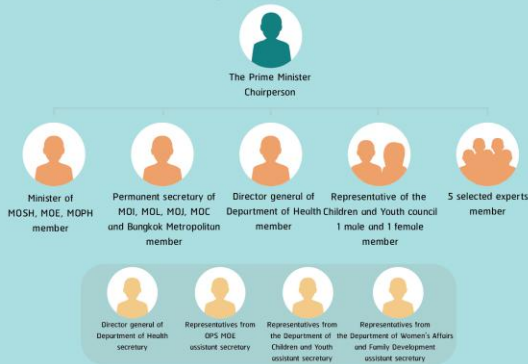any individuals aged **10-19** years

Adolescents' Rights

Right to make informed decisions

Right to receive social welfare services

Right to have access to education and information

Right to be treated equally and without discrimination

Right to receive reproductive health services

Right to enjoy confidentiality and privacy

The Prevention and Solution of the Adolescent Pregnancy Problem Act, B.E. 2559 (2016)

A law that focuses on adolescents' rights and an integrated approach to prevent and alleviate adolescent pregnancies

Key Mechanism under the Act

The Prevention and Solution of the Adolescent Pregnancy Problem Committee

The Prime Minister
Chairperson

Minister of MOSH, MOE, MOPH member

Permanent secretary of MOI, MOL, MOJ, MOC and Bangkok Metropolitan member

Director general of Department of Health member

Representative of the Children and Youth council 1 male and 1 female member

5 selected experts member

Director general of Department of Health secretary

Representatives from OPS MOE assistant secretary

Representatives from the Department of Children and Youth assistant secretary

Representatives from the Department of Women's Affairs and Family Development assistant secretary

POWER AND DUTY

Propose policies and strategies to the cabinet

Provide guidelines for implementation

Propose amendments of the related laws and regulations

Submit a report to the cabinet at least once a year

Provide operational guidelines for state agencies and private organisations

Key Measures
to Prevent and Alleviate Adolescent Pregnancies

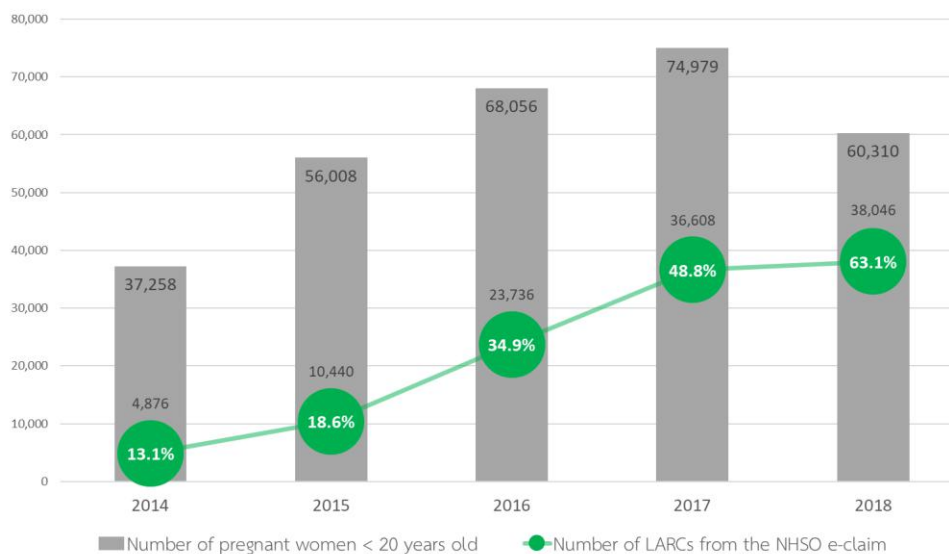# Repeated teen pregnancy prevention

- Provide **free** long acting reversible contraception (**LARCs** ; Implant and IUD) to all adolescents age under 20 years.
- At the beginning, plan to prevent repeated teen birth and pregnancy.
- Then, extend to all adolescents both ever and never pregnant.
- Supported by the National Health Security Office (NHSO)
- Each health care facility that provide services will receive budget to cover cost of services and supply
  - ► **27 USD/ case** for IUD and
  - ► **83 USD/case** for Implants
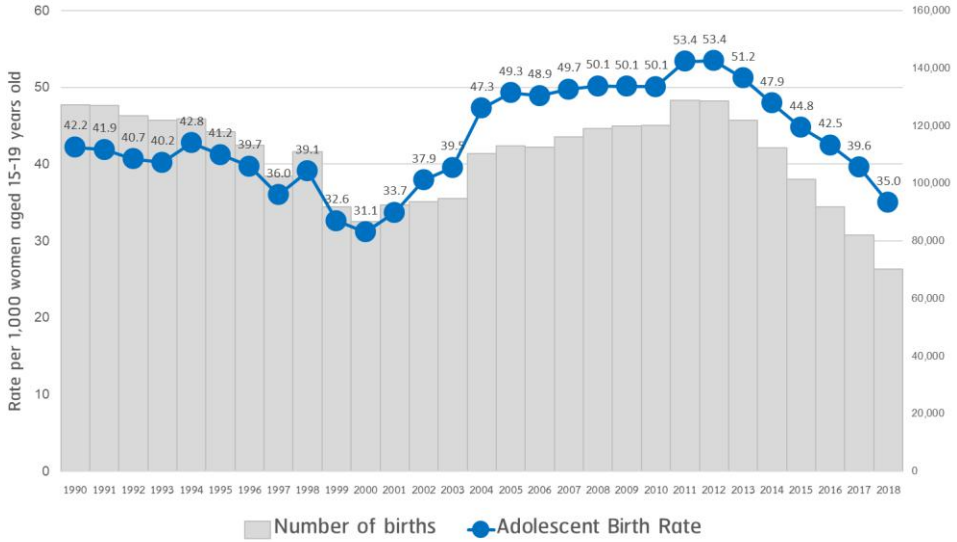
10

LARCs services availability

Hospital	2010			2015			Change (%)
	number	Service available	Service NOT available	number	Service available	Service NOT available	
Regional	18	13 (72.2%)	5 (27.8%)	12	11 (91.7%)	1 (8.3%)	+27.0%
General	61	41 (67.2%)	20 (32.8%)	41	34 (82.9%)	7 (17.1%)	+23.4%
Community	438	135 (30.8%)	303 (69.2%)	419	292 (69.7%)	127 (30.3%)	+126.3%
Total	517	189 (36.6)	328 (63.4%)	472	337 (71.4%)	135 (28.6%)	+95.1%

Source: Contraception services survey 2010, 2015
Bureau of Reproductive Health, MOPH Thailand

LARCs services 2014-2018

Number of pregnant women < 20 years old — Number of LARCs from the NHSO e-claim

Thailand Adolescent Birth Rate 1990-2018

A World

Where Every Pregnancy is Wanted